

INTRIGUE *Catering*

563 Manukau Road

Greenwoods Corner

Ph 630 6971

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Email: team@intriguecatering.co.nz

GOURMET SALAD SELECTION

\$8.50 PER PERSON PER SERVING SIZE

(minimum 10 people)

**If salads are to accompany main meal please ask for price per head.
(One choice or combination of 2 or more for more than 15 people)**

Cajun Chicken Salad

Chunks of Cajun spiced chicken breast with mesculin and baby spinach leaves, tomatoes, Egyptian feta, cucumber, kalamata olives and roasted seeds. Drizzled with olive and balsamic dressing with finely grated parmesan.

Thai Beef Salad

Strips of rare beef fillet on bed of salad greens, julienne carrots and cucumber, avocado chunks and spring onions. Drizzled with our famous thai dressing of lime, ginger, coriander and chilli.

Mediterranean Salad

A great vegetarian option. Cubed cucumber, Egyptian feta, kalamata olives, chick peas, roasted capsicum and mushrooms, sundried tomatoes. Tossed in tri-penne pasta and drizzled with a light peppered olive oil. Topped with shaved parmesan.

Orzo and Pinenut Salad

Sundried tomatoes, chopped chilli, coriander, baby spinach, capsicum, currants and spring onions tossed in tender orzo with roasted pinenuts and drizzled in pesto and lemongrass dressing.

Chicken, Pesto and Pasta Salad

Strips of tender breast chicken, spring onions, red peppers and bow pasta. Drizzled in three cheese dressing and sprinkled with marjoram, chopped parsley and shaved parmesan.

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Vegetarian Pasta

Tri-Pasta with roasted pumpkin and kumura with sauteed mushrooms and zucchini. Topped with grilled haloumi and roasted seeds. Tossed in coriander pesto dressing.

Thai Chicken Noodle

A spicy thai salad with fine rice noodles tossed with lemongrass chicken, char-grilled capsicum and coriander. Can be served in individual noodle boxes with chopsticks.

Traditional Potato

Chunky cubed or baby potatoes tossed in our special dressing with boiled free-range eggs spring onions and Italian flat leaf parsley.

Prawn and Mango

Baby rocket and spinach, chunky avocado and cherry tomato. Topped with fresh mango and chilli and lime spiced Prawns. Tossed in a light thai dressing.

Bacon, Spinach and Avocado

Baby spinach, crisp strips of streaky bacon, loads of avocado and topped with grilled haloumi. Tossed in Dijon mustard dressing and toasted walnuts.

Seasonal Green

Seasonal greens with loads of cucumber, capsicum, cucumber, tomato and avocado. Topped with shaved parmesan or feta and dressed with your choice of: balsamic and avocado oil, lemon zest and aioli, yoghurt and cucumber, basil pesto.